

Fast response of deep ocean circulation to mid-latitude winds in the Atlantic

E. Frajka-Williams¹, F. Landerer², T. Lee²

¹University of Southampton, National Oceanography Centre Southampton, Empress Dock, SO14 3ZH, United Kingdom

²NASA Jet Propulsion Laboratory, Pasadena, CA, USA

Key Points:

- Covariance between GRACE and winds in the Atlantic identifies wind-driven changes of basinwide deep ocean circulation.
- Atlantic MOC reversals in 2009/10 and 2010/11 resulted from the strongly negative NAO and mid-latitude wind stress curl.
- Residual interannual fluctuations in deep ocean transports are captured by GRACE satellite estimates of ocean bottom pressure.

Abstract

In situ observations of transbasin deep ocean transports at 26°N show variability on monthly to decadal timescales (2004–2015). Satellite-based estimates of ocean bottom pressure from the Gravity Recovery and Climate Experiment (GRACE) satellites were previously used to estimate interannual variability of deep ocean transports at 26°N. Here, we use GRACE ocean bottom pressure, reanalysis winds and *in situ* transport estimates at 26°N to diagnose the large-scale response of the deep ocean circulation to wind-forcing. We find that deep ocean transports—including those associated with a reversal of the Atlantic meridional overturning circulation in 2009/10 and 2010/11—are part of a large-scale response to wind stress curl over the intergyre-gyre region. Wind-forcing dominates deep ocean circulation variability on monthly timescales, but interannual fluctuations in the residual *in situ* transports (after removing the wind-effect) are also captured by GRACE bottom pressure measurements. On decadal timescales, uncertainty in regional trends in GRACE ocean bottom pressure preclude investigation of decadal-timescale transport trends.

1 Introduction

Ocean circulation responds to forcing on a wide range of timescales. Century and longer duration simulations and paleoclimate records anticipate variations of the Atlantic meridional overturning circulation (AMOC) forcing or responding to climate changes [Zhang, 2008; Lynch-Stieglitz, 2017]. Observations of monthly-to-interannual fluctuations in transbasin transports in the subtropical North Atlantic are largely governed by wind-forcing [Zhao and Johns, 2014]. While shorter timescale fluctuations may have less influence on climate timescales, they occur within the recent satellite observational period, enabling diagnosis of the basinscale response of ocean circulation to external forcing.

Since 2004, the AMOC has been measured at 26°N using a combination of moored and cable measurements by the RAPID Climate Change/Meridional Ocean Circulation and Heat flux Array (RAPID/MOCHA, hereafter RAPID) experiment [McCarthy *et al.*, 2015]. These transport measurements show variability on monthly to interannual timescales [Chidichimo *et al.*, 2009; Kanzow *et al.*, 2010; McCarthy *et al.*, 2012; Smeed *et al.*, 2014] including strong correlations between deep transports (3000–5000 m) and surface Ekman transport [Frajka-Williams *et al.*, 2016]. Over the past two decades, the North Atlantic Oscillation (NAO) index has shown strongly anomalous values. In the 2009/10 and 2010/11 winters, the NAO index was sharply negative. The reorganisation of atmospheric winds during these periods (a southward shift of the position of the zero wind stress curl line) forced a reversal of surface meridional Ekman transport at 26°N and through it, a temporary reversal in the sign of the AMOC [McCarthy *et al.*, 2012] which repeated again in March 2013. All three events are characterised by a temporarily northward flowing North Atlantic Deep Water (NADW) layer [Frajka-Williams *et al.*, 2016], a watermass that is traditionally expected to flow southward in the deep western boundary current (DWBC) as the lower limb of the AMOC.

Concurrent with the RAPID observations, the GRACE (Gravity Recovery and Climate Experiment) satellites recorded spatial and temporal variations in the Earth's distribution of mass. Mass redistribution in the ocean drives circulation changes through geostrophy—whereby horizontal gradients in mass (or pressure) drive ocean transports normal to the gradient. GRACE observations identified a large-scale gain and loss of mass in the intergyre-gyre region under the effect of negative or clockwise wind stress curl (WSC) [Piecuch and Ponte, 2014]. The patterns of WSC are closely governed by sea level pressure anomalies and large-scale patterns are well-described by the NAO index. In Piecuch and Ponte [2014], they attributed 46% of the nonseasonal ocean mass variations to a response to the WSC anomalies.

63 Changes in the strength of the southward transport of NADW are associated with a
 64 reduction of the overturning circulation. The declining tendency of the 26°N AMOC is
 65 primarily contained in the reduction of the lower layer transports including the NADW
 66 [*Smeed et al.*, 2014]. While transport variability in the deepest transport layers is derived
 67 primarily from a residual in the RAPID method [*McCarthy et al.*, 2012; *Frajka-Williams*
 68 *et al.*, 2016], independent *in situ* measurements of bottom pressure gradients confirm the
 69 RAPID estimates of deep transport variability on sub-annual [*Kanzow et al.*, 2007; *Mc-*
 70 *Carthy et al.*, 2012; *Worthington et al.*]. *In situ* bottom pressure sensors are unable to mea-
 71 sure decadal-scale changes due to intrinsic drift [*Watts and Kontoyiannis*, 1990]. *Landerer*
 72 *et al.* [2015] used the GRACE estimates of ocean bottom pressure to independently deter-
 73 mine the strength of the deep ocean transports from zonal gradients in bottom pressure,
 74 but due to uncertainties in separating long timescale GRACE bottom pressure signals from
 75 other gravity signals (e.g., glacial isostatic adjustment or GIA) did not evaluate trends in
 76 the deep ocean transports. As regional bottom pressure trends from GRACE are still un-
 77 certain, we will focus on the detrended GRACE values only.

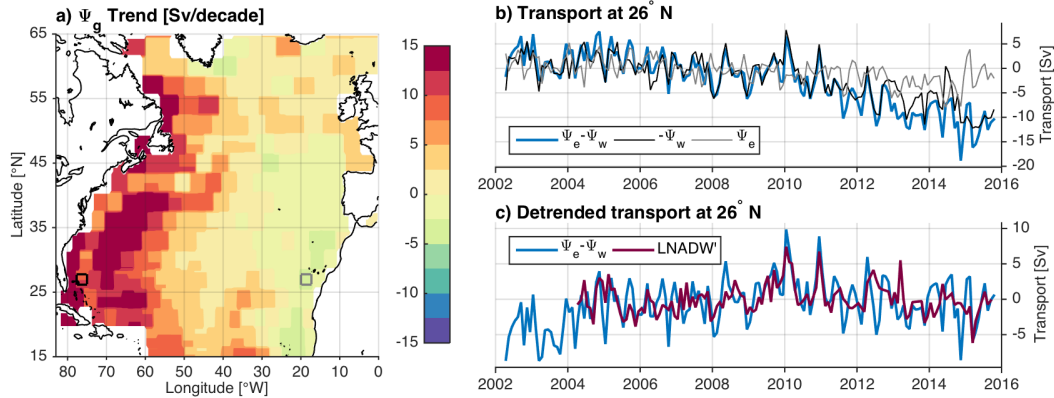
78 Here we use GRACE bottom pressure to diagnose the basinscale spatial fluctuations
 79 in the Atlantic on timescales less than a decade, and relate them to changes in the deep
 80 ocean circulation. While *Frajka-Williams et al.* [2016] associated the deep transport varia-
 81 tions at 26°N with a local reversal of the zonally-averaged wind stress, these satellite ob-
 82 servations show instead that most of the transport variability in the lower NADW layer
 83 (3000–5000 m) at 26°N can be traced to a large-scale response of the ocean to anomalies
 84 in the WSC centered over the intergyre-gyre region, mediated by bottom topography.

85 2 Data and Methods

86 We use monthly bottom pressure anomalies (p_b) grids over the period April 2002–
 87 June 2016 derived from GRACE time-variable gravity observations [*Tapley et al.*, 2004].
 88 Specifically, we use the mascon solution from NASA’s Jet Propulsion Laboratory (RL05M_1.MSCNv02CRIv02;
 89 [*Watkins et al.*, 2015; *Wiese et al.*, 2016]). The p_b values are provided on a 1/2 degree
 90 grid, with an effective spatial resolution of approximately 300 km. Throughout the paper,
 91 we refer to values of p_b in units of equivalent seawater thickness. Maps of monthly 10-
 92 m wind fields defined on a regular 2° grid are obtained from the NCEP Reanalysis fields
 93 over the same period as the GRACE data (April 2002–June 2016). We use the reanalysis
 94 winds to compute wind stress with a variable drag coefficient updated for low wind speeds
 95 [*Large and Pond*, 1981; *Trenberth et al.*, 1990]. The monthly principal component-based
 96 index for the NAO was downloaded from [https://climatedataguide.ucar.edu/
 97 climate-data/hurrell-north-atlantic-oscillation-nao-index-pc-based](https://climatedataguide.ucar.edu/climate-data/hurrell-north-atlantic-oscillation-nao-index-pc-based).

98 RAPID transport time series are used for the period April 2004–October 2015 [*Smeed*
 99 *et al.*, 2016]. These are provided as 12-hourly transbasin (zonally-integrated) meridional
 100 transports which were estimated from submarine cable measurements of the Florida Cur-
 101 rent transport, Ekman transport from reanalysis winds, and *in situ* geostrophic transports
 102 from a mooring array across 26°N [*McCarthy et al.*, 2015]. The deep ocean transports
 103 between the Bahamas and Canary Islands are separated into two layers: the upper North
 104 Atlantic Deep Water (NADW) transport from 1100–3000 m, and lower NADW transport
 105 from 3000–5000 m.

111 Seasonal cycles were removed from all time series, calculated as the monthly cli-
 112 matology over the period April 2004–October 2015 (and, for spatial fields, at each pixel).
 113 GRACE data were further processed by masking out the Hudson Bay, Gulf of Mexico and
 114 Caribbean, and filling gaps in time using linear interpolation. These gaps resulted from
 115 power-management on the satellites and are more common in the latter half of the record.
 116 For clearer comparisons between GRACE and RAPID transports, gaps were created in
 117 the lower NADW transport and linearly interpolated. To compare GRACE p_b , in units of
 118 centimeters liquid water equivalent, with transports measured at 26.5°N, bottom pressure



106 **Figure 1.** (a) Trend in bottom transports estimated from GRACE bottom pressure over the period April
 107 2004–October 2015. (b) Transport anomalies at 26°N calculated from bottom pressure at the west (black,
 108 mascon 1271 location indicated by the black square in (a)), east (grey, mascon 1288 location indicated by the
 109 grey square in (a)) and the difference between them (blue). (c) Detrended transport calculated from bottom
 110 pressure (blue) and from detrended lower NADW transport from the RAPID array (purple).

119 fields are scaled to create a geostrophic streamfunction Ψ_g as

$$\Psi_g = \frac{gp_b}{f}H \quad (1)$$

120 where g is the gravitational acceleration, H the layer thickness, p_b the bottom pressure in
 121 units of meters liquid water equivalent, and f the Coriolis frequency. Here, since GRACE
 122 bottom pressure is in units of height, the equation includes $gp_b[\text{m}]$ in place of $p_b[\text{Pa}]/\rho_0$.
 123 For comparison with the lower NADW transport from RAPID, we use a layer thickness H
 124 of 2000 m, and east minus west differences in pressure, where mascon 1271 (centered at
 125 27°N, 76.42°W) and 1288 (centered at 27°N, 18.68°W) are used to represent the west and
 126 east side of the basin, respectively (Fig. A.1).

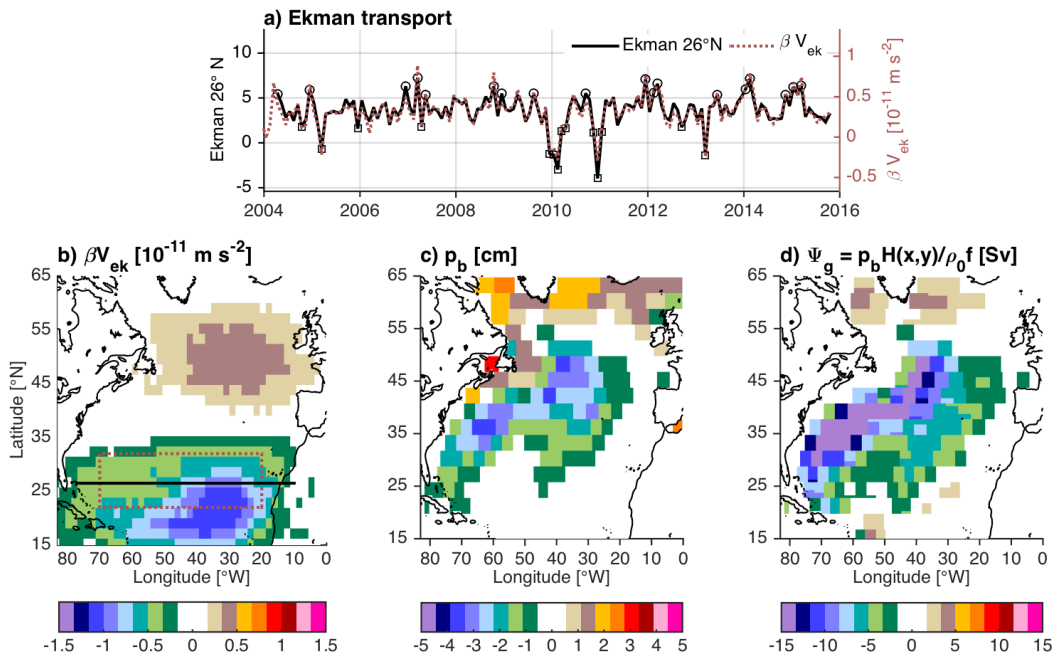
127 The GRACE bottom pressure has a long term background trend (Fig. 1a). Due to
 128 a strong trend towards more negative bottom pressure anomalies in the east, a southward
 129 trend in transbasin ocean transports is implied where at 27°N, the trend in the east-west
 130 pressure gradient implies a transport trend exceeding 10 Sv/decade. Due to uncertainties
 131 in separating long timescale GRACE bottom pressure signals from other gravity signals
 132 (e.g., GIA) [Landerer *et al.*, 2015] did not evaluate trends in the deep ocean transports
 133 from GRACE. As regional OBP trends from GRACE are still uncertain, we focus here on
 134 the detrended values only where a linear trend over April 2004–2015 was removed at each
 135 pixel.

136 3 Results

137 Previous investigations identified a strong correlation between detrended and lowpass-
 138 filtered RAPID lower NADW transports and GRACE-derived bottom pressure gradients
 139 at 27°N in the Atlantic over the period April 2004–April 2014 [Landerer *et al.*, 2015]. Here
 140 we show that this correlation holds on monthly timescales (Fig. 1c). At 26°N, there is a
 141 strong anti-correlation between lower NADW transports and meridional Ekman transport
 142 [Frajka-Williams *et al.*, 2016]. Yeager [2015] uses annual 26°N Ekman transports to de-
 143 fine positive and negative composites of circulation changes in a numerical model (their
 144 Fig. 13). They associate deep circulation anomalies with Ekman reversals, but more gen-
 145 erally identify that local reversals at 26°N are associated with larger-scale changes in wind

146 stress curl (WSC). Here we repeat the composite analysis, using Ekman transport at 26°N
 147 to identify months when Ekman transports are anomalous by greater than 1 standard deviation
 148 (Fig. 2a). Using these time periods, we calculate the difference between the mean
 149 of anomalies during negative months minus anomalies during positive months to identify
 150 basin-scale changes in wind-forcing, bottom pressure and ocean circulation (Fig. 2b–d).

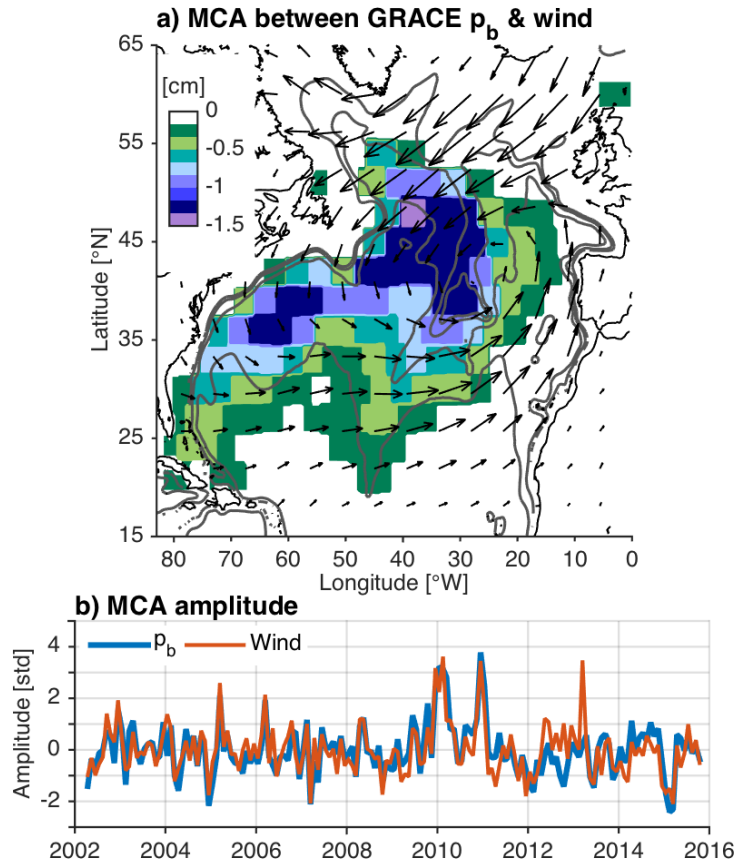
151 As in *Yeager* [2015], reversals in local 26°N Ekman transport coincide with a large-
 152 scale changes in curl. Here the southward anomaly in the subtropics coincides with a
 153 weaker positive anomaly in the subpolar gyre, resulting in a divergence over the mid-
 154 latitudes (35–45°N, Fig. 2b). This divergence results in a reduction in ocean bottom
 155 pressure (Fig. 2c) but not confined to the mid-latitudes. Rather, the anomaly extends to
 156 the south and west along the western side of the Atlantic basin (20–50°N). Scaling the bot-
 157 tom pressure anomalies through geostrophy, we find a barotropic streamfunction compos-
 158 ite with an implied cyclonic circulation (Fig. 2d). (Note that the composites are derived
 159 here from monthly values, yielding larger magnitude anomalies than *Yeager* [2015].) At
 160 26°N, these large-scale changes manifest as a northward anomaly in deep ocean transports,
 161 which is the signal captured in the RAPID array.



162 **Figure 2.** Similar to Fig. 13 in *Yeager* [2015], but generated from NCEP winds, RAPID transports and
 163 GRACE ocean bottom pressure. (a) Time series of Ekman transport at 26.5°N (black) and local βV_{ek} aver-
 164 aged over the red box in (b). Circles (squares) represent months included in the positive (negative)
 165 anomaly. (b)–(d) show the composites for the mean of the negative months minus the positive months, where (b) shows
 166 βV_{ek} and the latitude of the RAPID array (black), (c) the bottom pressure anomaly from GRACE, and (d) the
 167 streamfunction Ψ_g .

168 While the composite analysis identifies coincident anomalies, it can be dominated by
 169 large amplitude anomalies with specific characteristic patterns. Maximum covariance anal-
 170 ysis (MCA) identifies patterns which covary in time, without setting a region of interest
 171 *a priori*. It has the potential to identify zero-lag relationships between wind-forcing and
 172 ocean response. It has been used previously in the Atlantic by *Piecuch and Ponte* [2014]
 173 who identified nonseasonal fluctuations in wind stress curl and ocean mass changes. We

174 update it here with a higher-resolution GRACE product (the mascons version) and using
 175 a larger domain (15–65°N, 83–0°W) which includes the RAPID latitude (Fig. 3a). The
 176 MCA identifies a center of wind action over 30°W, 40°N with a strong resemblance to
 177 the North Atlantic Oscillation (NAO) pattern. The MCA for bottom pressure shows that
 178 anomalies follow contours of planetary vorticity (f/H , where f is the local Coriolis fre-
 179 quency and H the local water depth, computed after smoothing bathymetry with a 300 km
 180 spatial filter) rather than contours of bathymetry (Fig. A.2b). The time series of variations,
 181 determined by projecting the spatial pattern onto the original space-time datasets, shows a
 182 high degree of correlation (by construction), but for smaller amplitude fluctuations as well
 183 as the big events in 2009/10 and 2010/11.

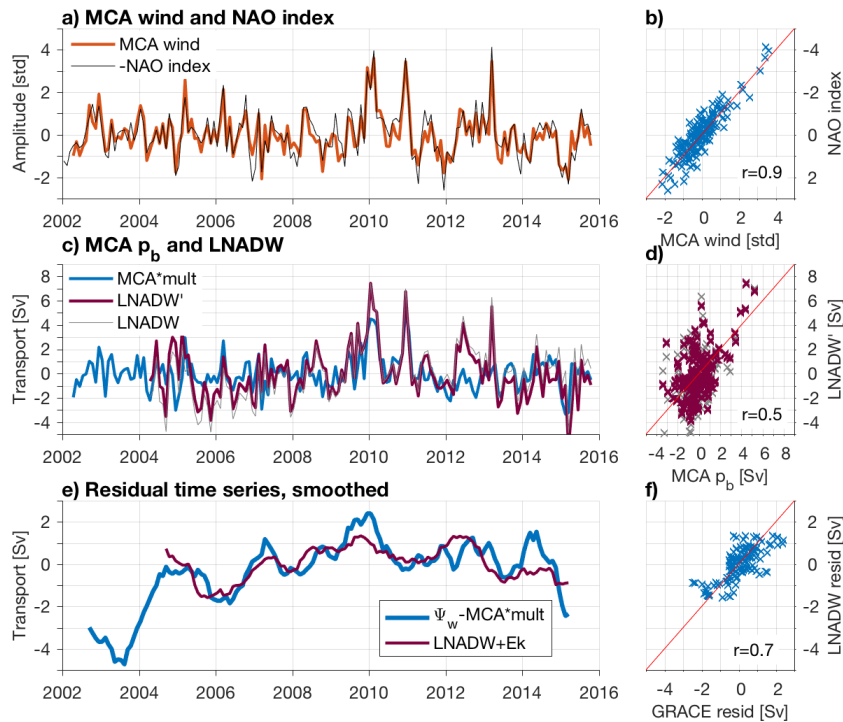


184 **Figure 3.** Maximum covariance analysis between the GRACE p_b and zonal and meridional wind stress
 185 from NCEP. The pattern of maximum covariance in GRACE p_b is shaded, while the pattern for winds is
 186 indicated by the vectors. Pixels are only colored where the correlation of the time series for GRACE in (b) is
 187 correlated with the original GRACE p_b at that location with an $r \geq 0.5$. Vectors are drawn where the corre-
 188 lation of the MCA for wind in (b) is correlated with either the u or the v time series at that pixel with $r \geq .3$.
 189 (b) Time series of the pattern in (a) projected onto the GRACE p_b data (blue) and winds (red). Note that the
 190 month of March 2013 (a peak in winds but not GRACE) occurred when the GRACE satellite had been in
 191 power-saving mode. By the processing used here, the gap was linearly interpolated.

192 The time variations in the MCA amplitudes are highly correlated with the monthly
 193 NAO index ($r = 0.9$, Fig. 4a); the bottom pressure amplitudes are less highly correlated
 194 with the RAPID transports ($r = 0.5$) but still significant. Scaling the amplitude time series
 195 by 1.4 Sv/std (determined as $gH_{2k}(-P_w)/f$, where P_w is the value at the 1271 mascons)

196 we find that the magnitude of transports implied from the MCA for ocean bottom pressure
 197 is somewhat smaller than those from the *in situ* transports. Removing the wind effect, do
 198 residual fluctuations in GRACE capture deep transport variability at RAPID?

199 *Frajka-Williams et al.* [2016] identified that the surface Ekman transport at 26°N is
 200 not only anti-correlated with the lower NADW transports (3000–5000 m) but also of the
 201 same magnitude. Summing the lower NADW transports and meridional Ekman transport
 202 thus removes the wind influence. Similarly, subtracting the transport implied by the MCA
 203 from the full GRACE data at mascon 1271 gives an estimate of the residual GRACE
 204 transports. Filtering with a 1-year moving average, we find that the residuals are corre-
 205 lated (Fig. 4e, f). While the lower NADW transport at 26°N is dominated by a monthly-
 206 timescale response to large-scale wind stress curl forcing, but that the residual interannual
 207 variability is also captured by the GRACE satellite data.



208 **Figure 4.** (a) Time series of the wind MCA (red) and monthly NAO index (black) with (b) associated
 209 scatter plot and a line with slope -1 (red). (c) Time series of the MCA amplitude for GRACE p_b in units of
 210 equivalent transport and the LNADW transport from RAPID. The MCA amplitude has been multiplied by
 211 1.23, which is $gH(-P_w)/f$ where P_w is the value at 27°N , 76.4°W from the spatial pattern of the MCA
 212 (Fig. 3a). The LNADW transport is given as original (grey) and in a time series more comparable to the
 213 GRACE dataset (LNADW', purple). For this latter time series, LNADW values were removed where GRACE
 214 data were missing (more than 1/3 of the measurement period absent) and then detrended over the RAPID
 215 period (April 2004–October 2015). The scatter between the MCA and LNADW' is shown in (d) with a 1:1
 216 line (red).

217 4 Summary and Discussion

218 Release-05 GRACE monthly mascons grids were used to investigate the relation-
 219 ship between the wind forcing and deep circulation in the Atlantic. Using GRACE, we

220 find that the intra-annual variability in deep transports at 26°N are part of a basin-scale re-
221 sponse to wind stress curl over the intergyre-gyre region (30°W, 40°N). From *in situ* mea-
222 surements, the deep ocean response occurs quickly (within 1 day) [Frajka-Williams *et al.*,
223 2016], and primarily in the 3000–5000m layer. Numerical investigations of the anomalous
224 transports in the 2009/10 and 2010/11 winters anticipated the deep ocean response found
225 here from observations, which further identify that the ocean response is focused along
226 contours of planetary vorticity (f/H). This paper brings together ocean mass anomalies
227 previously identified using GRACE and wind datasets [Piecuch and Ponte, 2014] with the
228 links between GRACE and deep ocean transports at 26°N [Landerer *et al.*, 2015]. Taken
229 together, we show that the short-timescale reversals in the AMOC at 26°N are part of a
230 basinscale response to non-local winds.

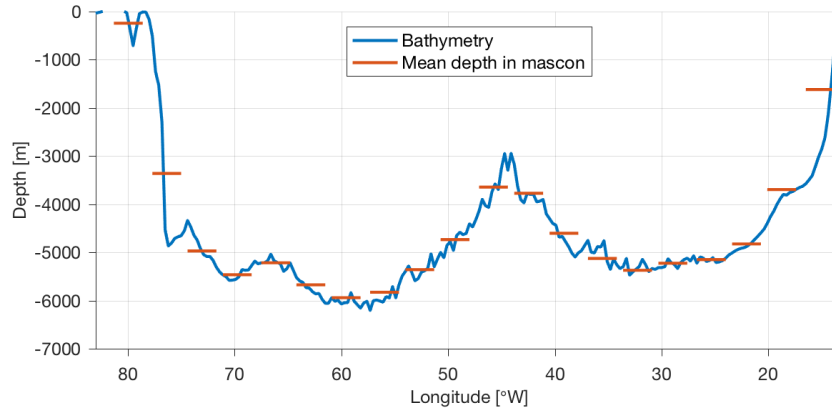
231 The reduction of the AMOC strength over the past decade is due in part to longer
232 timescale changes in the lower NADW transports [Smeed *et al.*, 2014], but these are de-
233 rived in RAPID as a residual through hypsometric compensation [McCarthy *et al.*, 2012;
234 Frajka-Williams *et al.*, 2016]. While these fluctuations have been shown to correlate with
235 bottom pressure gradients on sub-annual timescales [Kanzow *et al.*, 2007; McCarthy *et al.*,
236 2012; Worthington *et al.*], *in situ* bottom pressure sensors are unable to measure decadal-
237 scale changes due to intrinsic drift [Watts and Kontoyiannis, 1990]. Landerer *et al.* [2015]
238 previously used the GRACE estimates of ocean bottom pressure to independently deter-
239 mine the strength of the deep ocean transports from zonal gradients in bottom pressure,
240 but the interannual variations in their time series were dominated by the monthly-timescale
241 wind-fluctuations found here. We now show that removing the wind effect, the residual
242 interannual variations in GRACE also capture the interannual variations in residual lower
243 NADW transports. Uncertainty in regional bottom pressure trends from GRACE precludes
244 investigating transport trends further.

245 This work demonstrates the power of GRACE observations at capturing deep ocean
246 circulation, but must be accompanied by a caveat. At 27°N, the western boundary mas-
247 cons 1271 covaries strongly with the *in situ* bottom pressure sensors [Worthington *et al.*],
248 but this may be due to fortuitous mascons placement at 26°N or an effect of the steep
249 sidewall of the western boundary bathymetry. Zonal placement of mascons are adjusted to
250 optimize ocean bottom pressure from GRACE, but each mascon still represents an area of
251 the ocean which is 300×300 km. Within the 1271 mascons, there is substantial variabil-
252 ity in bottom pressure records from *in situ* recorders. Had the variability in this mascons
253 not matched that governing the RAPID transports, the transport relationships found here
254 might have been less favorable. While the boundary measurements should not affect esti-
255 mates of large-scale gyre spinup (Fig. 3a), for transbasin transports, the measurements at
256 the boundary are crucial.

257 **A: Supplementary information**

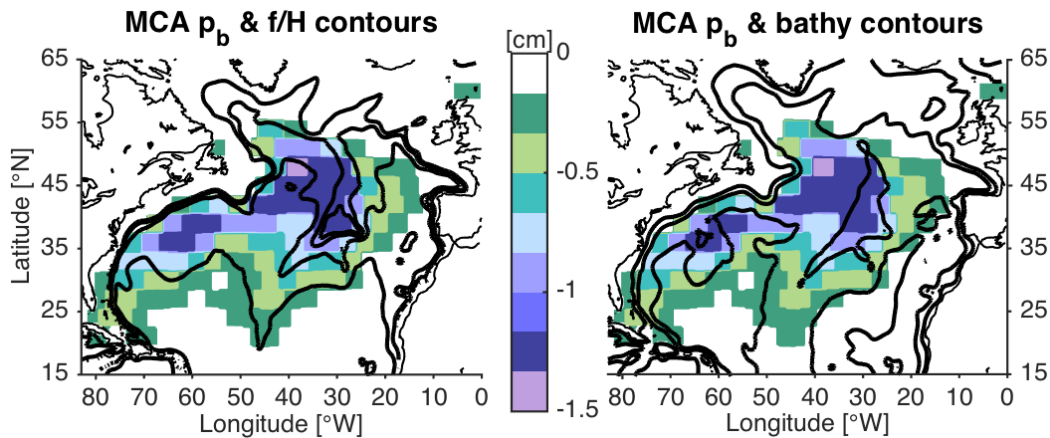
261 **Acknowledgments**

262 EFW was funded by a Leverhulme Trust Research Fellowship. The JPL-RL05M GRACE
263 solutions are available via the Physical Oceanography Distributed Active Archive Cen-
264 ter (PODAAC) as well as the GRACE Tellus websites (www.grace.jpl.nasa.gov). Data
265 from the RAPID Climate Change (RAPID)/Meridional Overturning Circulation and Heat
266 flux Array (MOCHA) projects are funded by the Natural Environment Research Council
267 (NERC) and National 601 Science Foundation (NSF, OCE1332978), respectively. Data
268 from the RAPID-WATCH MOC monitoring project are funded by the Natural Environ-
269 ment Research Council and are available from www.rapid.ac.uk/rapidmoc.



258

Figure A.1. Mascon positions and bathymetry along 26.5°N.



259

Figure A.2. MCA as for Fig. 3 but with contours: (a) Contours are f/H at $0.5 \times 10^{-8} \text{ m}^{-1} \text{ s}^{-1}$ interval (-4.5 to 0×10^{-8}). (b) Contours are H at 1000 m intervals (2000–5000 m).

260

270

References

271

Chidichimo, M. P., T. Kanzow, S. A. Cunningham, and J. Marotzke (2009), The contribution of eastern-boundary density variations to the Atlantic meridional overturning circulation at 26.5°N, *Ocean Sci. Disc.*, *6*, 2507–2553.

272

273

274

Frajka-Williams, E., C. S. Meinen, W. E. Johns, D. A. Smeed, A. D. Ducez, A. J. Lawrence, D. A. Cuthbertson, H. L. Bryden, G. D. McCarthy, M. O. Baringer, D. Rayner, and B. I. Moat (2016), Compensation between meridional flow components of the Atlantic MOC at 26°N, *Ocean Sci.*, *12*, 481–493, doi:10.5194/os-12-481-2016.

275

276

277

Kanzow, T., S. A. Cunningham, D. Rayner, J. J.-M. Hirschi, W. E. Johns, M. O. Baringer, H. L. Bryden, L. M. Beal, C. S. Meinen, and J. Marotzke (2007), Observed flow compensation associated with the MOC at 26.5°N in the Atlantic, *Science*, *317*, 938–941, doi:10.1126/science.1141293.

278

279

280

Kanzow, T., S. A. Cunningham, W. E. Johns, J. J.-M. Hirschi, J. Marotzke, M. O. Baringer, C. S. Meinen, M. P. Chidichimo, C. Atkinson, L. M. Beal, H. L. Bryden, and J. Collins (2010), Seasonal variability of the Atlantic meridional overturning circulation at 26.5°N, *J. Climate*, *23*, 5678–5698, doi:10.1175/2010JCLI3389.1.

281

282

283

Landerer, F. W., D. N. Wiese, K. Bentel, C. Boening, and M. M. Watkins (2015), North Atlantic meridional overturning circulation variations from GRACE ocean bottom pres-

284

285

286

287

- 288 sure anomalies, *Geophys. Res. Lett.*, *42*, 8114–8121, doi:10.1002/2015GL065730.
- 289 Large, W. G., and S. Pond (1981), Open ocean momentum flux measurements in mod-
 290 erate to strong winds, *J. Phys. Oceanogr.*, *11*, 324–336, doi:10.1175/1520-0485(1981)
 291 011<0324:OOMFMI>2.0.CO;2.
- 292 Lynch-Stieglitz, J. (2017), The Atlantic meridional overturning circulation
 293 and abrupt climate change, *Ann. Rev. Mar. Sci.*, *9*, 83–104, doi:10.1146/
 294 annurev-marine-010816-060415.
- 295 McCarthy, G., E. Frajka-Williams, W. E. Johns, M. O. Baringer, C. S. Meinen, H. L. Bry-
 296 den, D. Rayner, A. Ducez, C. D. Roberts, and S. A. Cunningham (2012), Observed
 297 interannual variability of the Atlantic MOC at 26.5°N, *Geophys. Res. Lett.*, *39*, L19,609,
 298 doi:10.1029/2012GL052933.
- 299 McCarthy, G. D., D. A. Smeed, W. E. Johns, E. Frajka-Williams, B. I. Moat, D. Rayner,
 300 M. O. Baringer, C. S. Meinen, and H. L. Bryden (2015), Measuring the Atlantic merid-
 301 ional overturning circulation at 26°N, *Prog. Oceanogr.*, *130*, 91–111, doi:10.1016/j.
 302 pocean.2014.10.006.
- 303 Piecuch, C. G., and R. M. Ponte (2014), Nonseasonal mass fluctuations in the midlatitude
 304 North Atlantic ocean, *Geophys. Res. Lett.*, *41*, 4261–4269, doi:10.1002/2014GL060248.
- 305 Smeed, D. A., G. McCarthy, S. A. Cunningham, E. Frajka-Williams, D. Rayner, W. E.
 306 Johns, C. S. Meinen, M. O. Baringer, B. I. Moat, A. Ducez, and H. L. Bryden (2014),
 307 Observed decline of the Atlantic meridional overturning circulation 2004 to 2012,
 308 *Ocean Sci.*, *10*, 29–38, doi:10.5194/os-10-29-2014.
- 309 Smeed, D. A., G. D. McCarthy, D. Rayner, B. I. Moat, W. E. Johns, M. O. Baringer,
 310 and C. S. Meinen (2016), Atlantic meridional overturning circulation observed by
 311 the RAPID-MOCHA-WBTS (RAPID-Meridional Overturning Circulation and Heat-
 312 flux Array-Western Boundary Time Series) array at 26°N from 2004 to 2015., doi:
 313 10.5285/35784047-9b82-2160-e053-6c86abc0c91b.
- 314 Tapley, B. D., S. Bettadpur, M. Watkins, and C. Reigber (2004), The gravity recovery and
 315 climate experiment: Mission overview and early results, *Geophysical Research Letters*,
 316 *31*(9), L09,607, doi:10.1029/2004GL019920.
- 317 Trenberth, K. E., W. G. Large, and J. G. Olson (1990), The mean annual cycle in global
 318 ocean wind stress, *J. Phys. Oceanogr.*, *20*, 1742–1760, doi:10.1175/1520-0485(1990)
 319 020<1742:TMACIG>2.0.CO;2.
- 320 Watkins, M. M., D. N. Wiese, D.-N. Yuan, C. Boening, and F. W. Landerer (2015), Im-
 321 proved methods for observing earth’s time variable mass distribution with GRACE us-
 322 ing spherical cap mascons, *Journal of Geophysical Research: Solid Earth*, *120*(4), 2648–
 323 2671, doi:10.1002/2014JB011547, 2014JB011547.
- 324 Watts, D. R., and H. Kontoyiannis (1990), Deep-ocean bottom pressure measurement:
 325 Drift removal and performance, *J. Atmos. Ocean. Tech.*, *7*, 296–306, doi:10.1175/
 326 1520-0426(1990)007<0296:DOBPMO>2.0.CO;2.
- 327 Wiese, D. N., F. W. Landerer, and M. M. Watkins (2016), Quantifying and reducing leak-
 328 age errors in the JPL RL05M GRACE mascon solution, *Water Resources Research*,
 329 *52*(9), 7490–7502, doi:10.1002/2016WR019344.
- 330 Worthington, E., E. Frajka-Williams, and G. McCarthy (), Estimating the deep overturning
 331 transport variability at 26°N using bottom pressure recorders, *J. Geophys. Res.-Oceans*,
 332 in prep.
- 333 Yeager, S. (2015), Topographic coupling of the Atlantic overturning and gyre circulations,
 334 *Journal of Physical Oceanography*, *45*, 1258–1284, doi:10.1175/JPO-D-14-0100.1.
- 335 Zhang, R. (2008), Coherent surface-subsurface fingerprint of the Atlantic meridional over-
 336 turning circulation, *Geophys. Res. Lett.*, *35*, L20,705, doi:10.1029/2008GL035463.
- 337 Zhao, J., and W. Johns (2014), Wind-forced interannual variability of the Atlantic merid-
 338 ional overturning circulation at 26.5°N, *J. Geophys. Res.-Oceans*, pp. 1–17.

Figure 1.

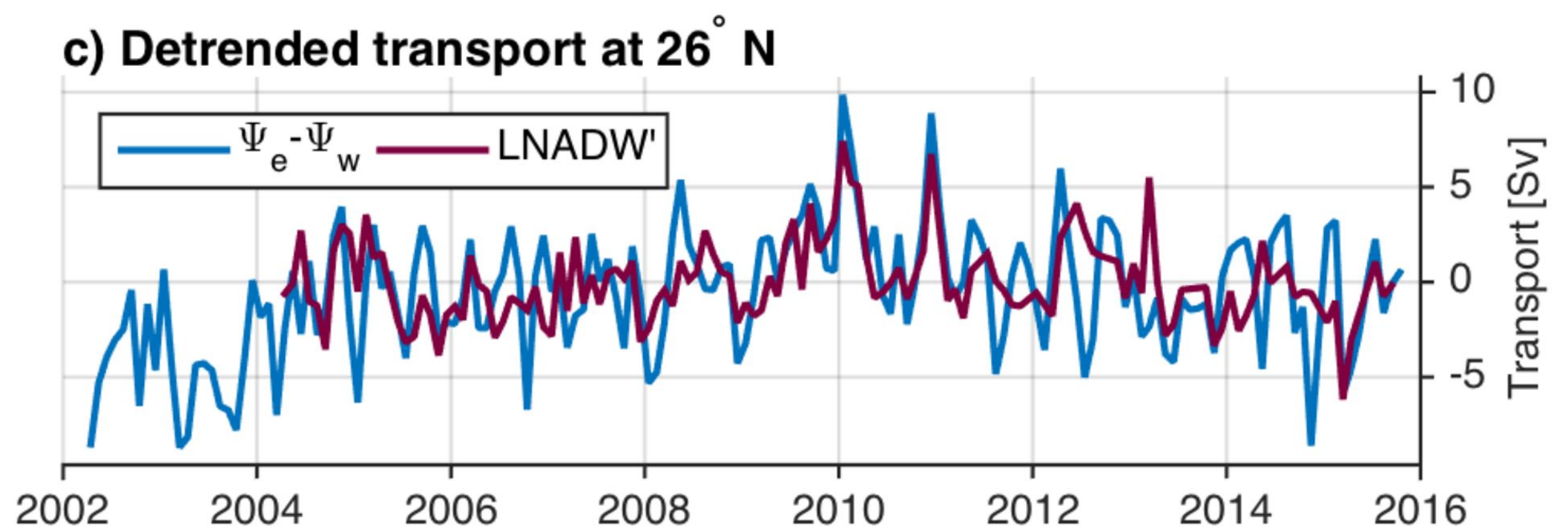
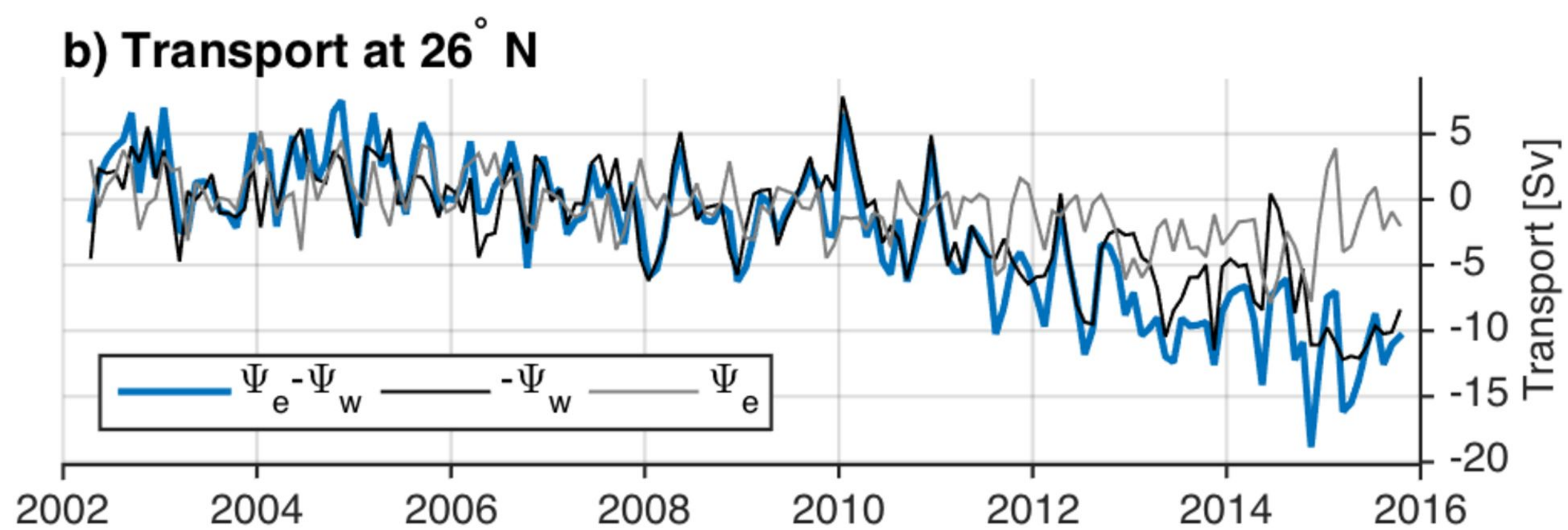
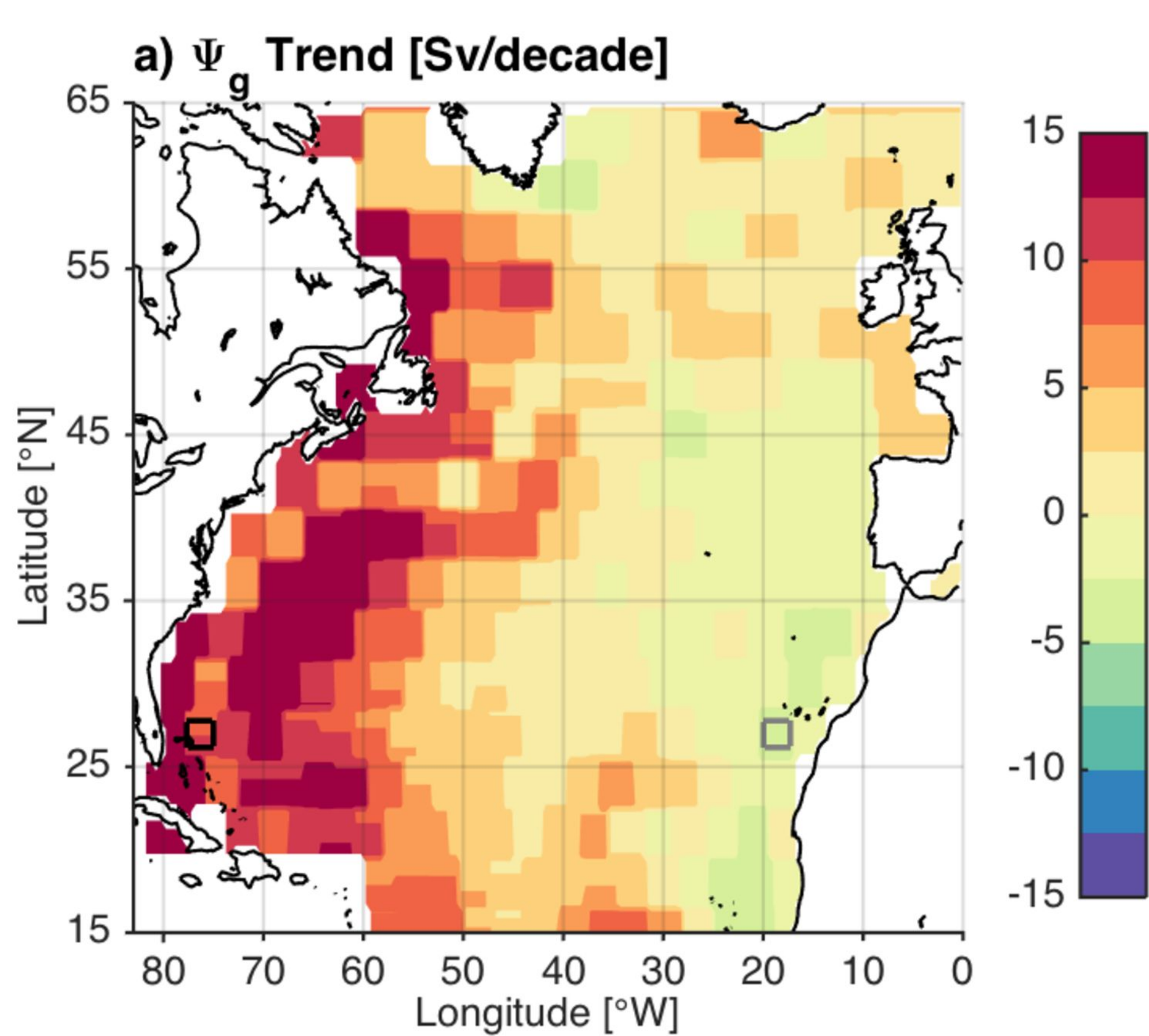
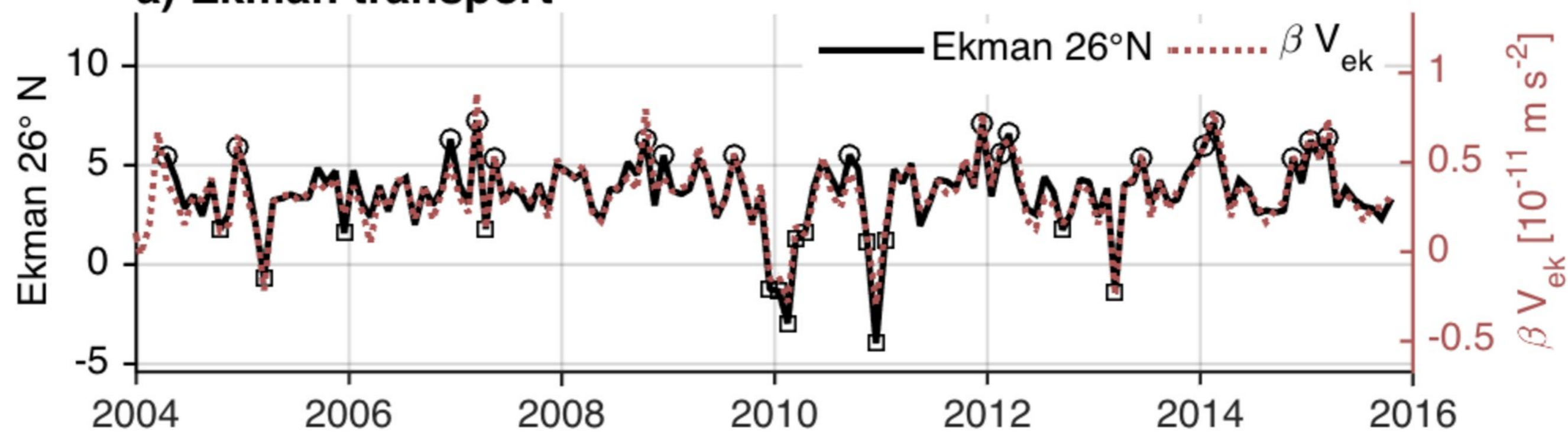
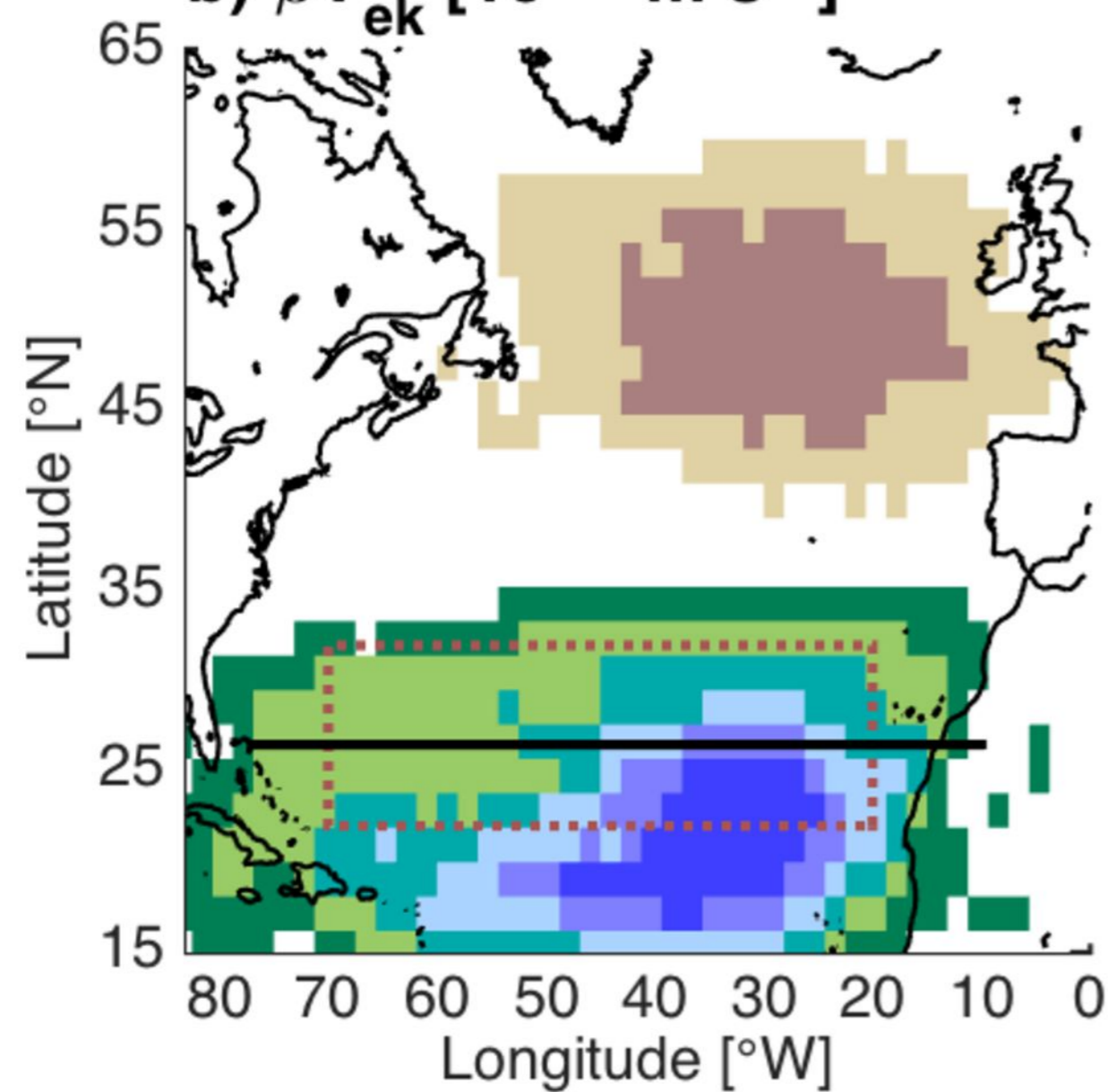


Figure 2.

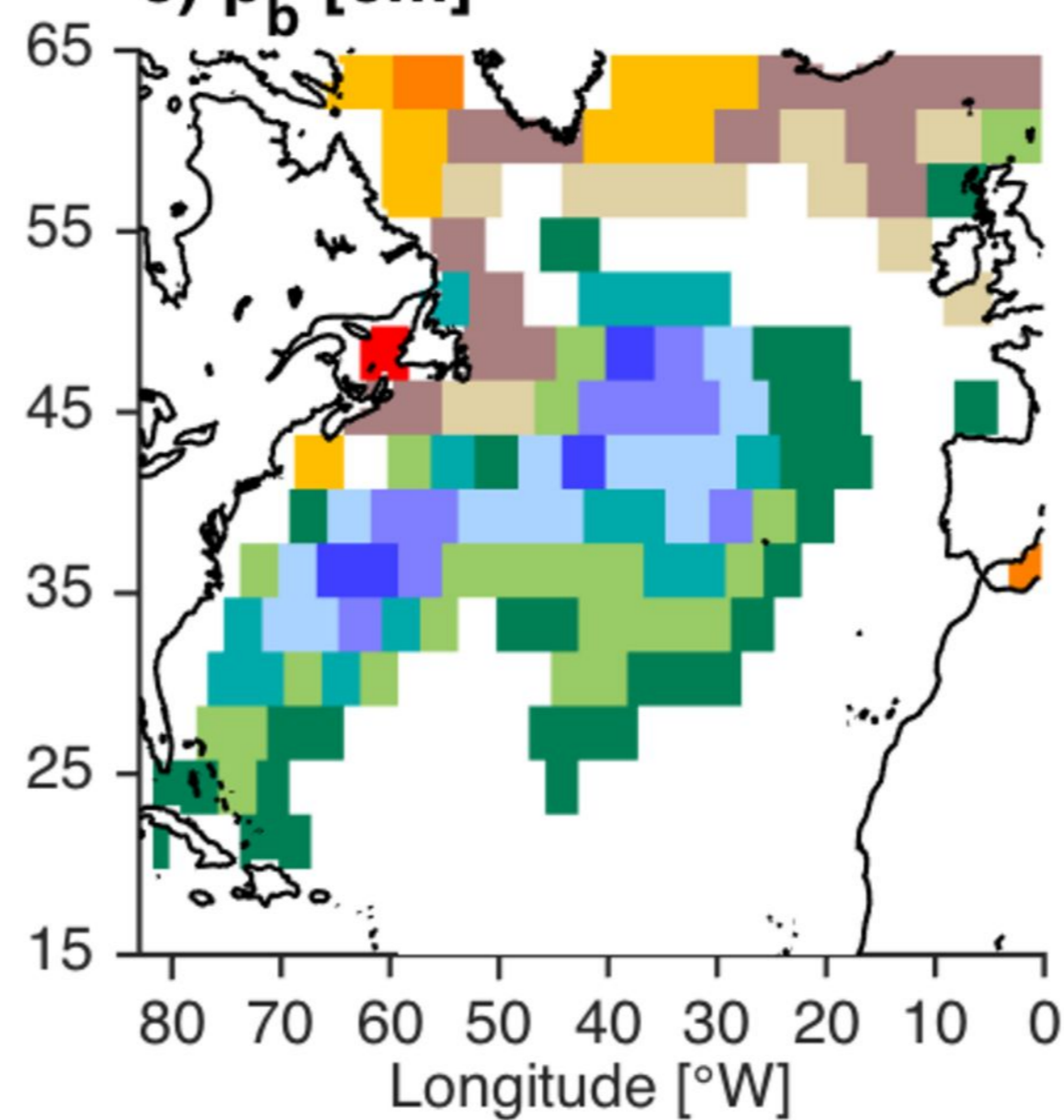
a) Ekman transport



b) βV_{ek} [10⁻¹¹ m s⁻²]



c) p_b [cm]



d) $\Psi_g = p_b H(x,y)/\rho_0 f$ [Sv]

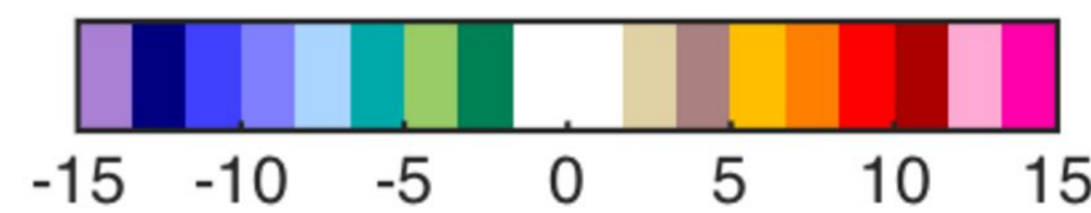
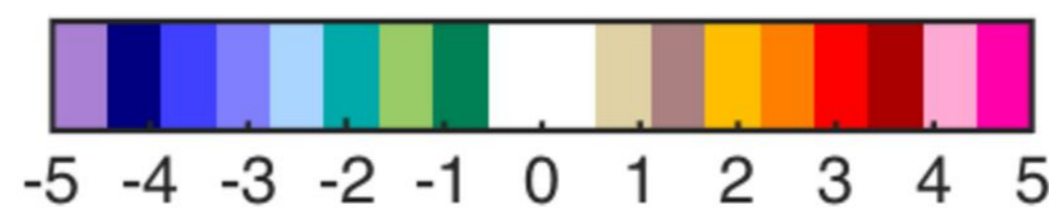
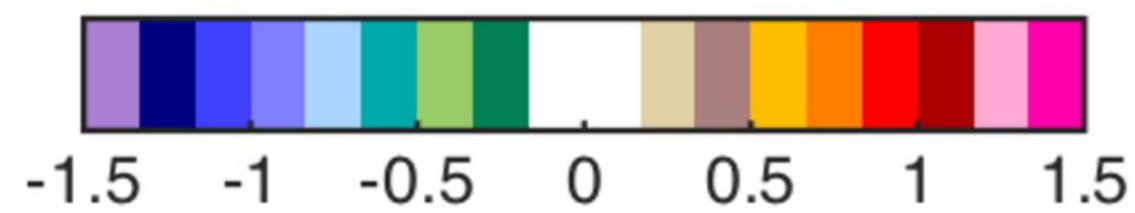
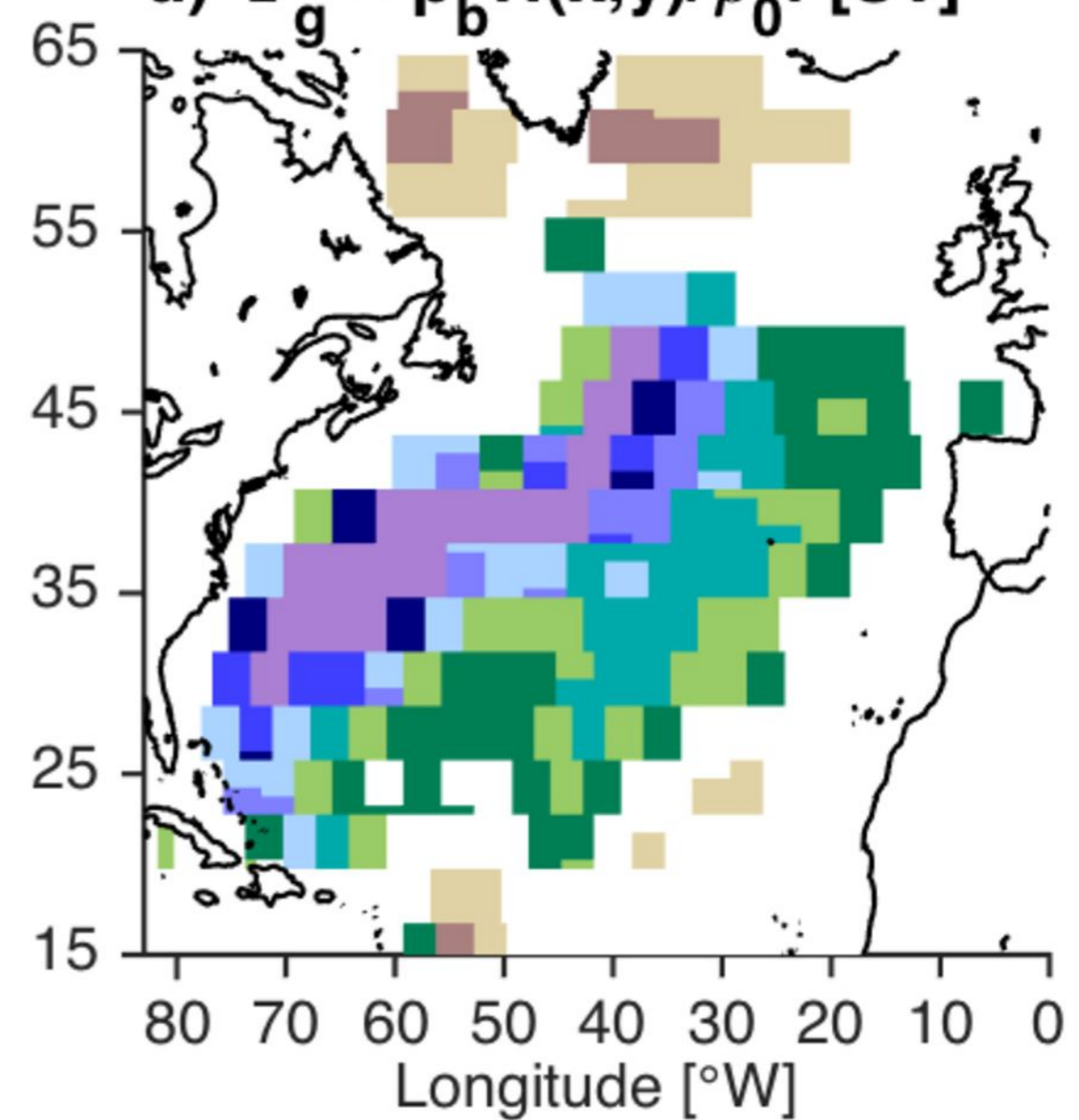
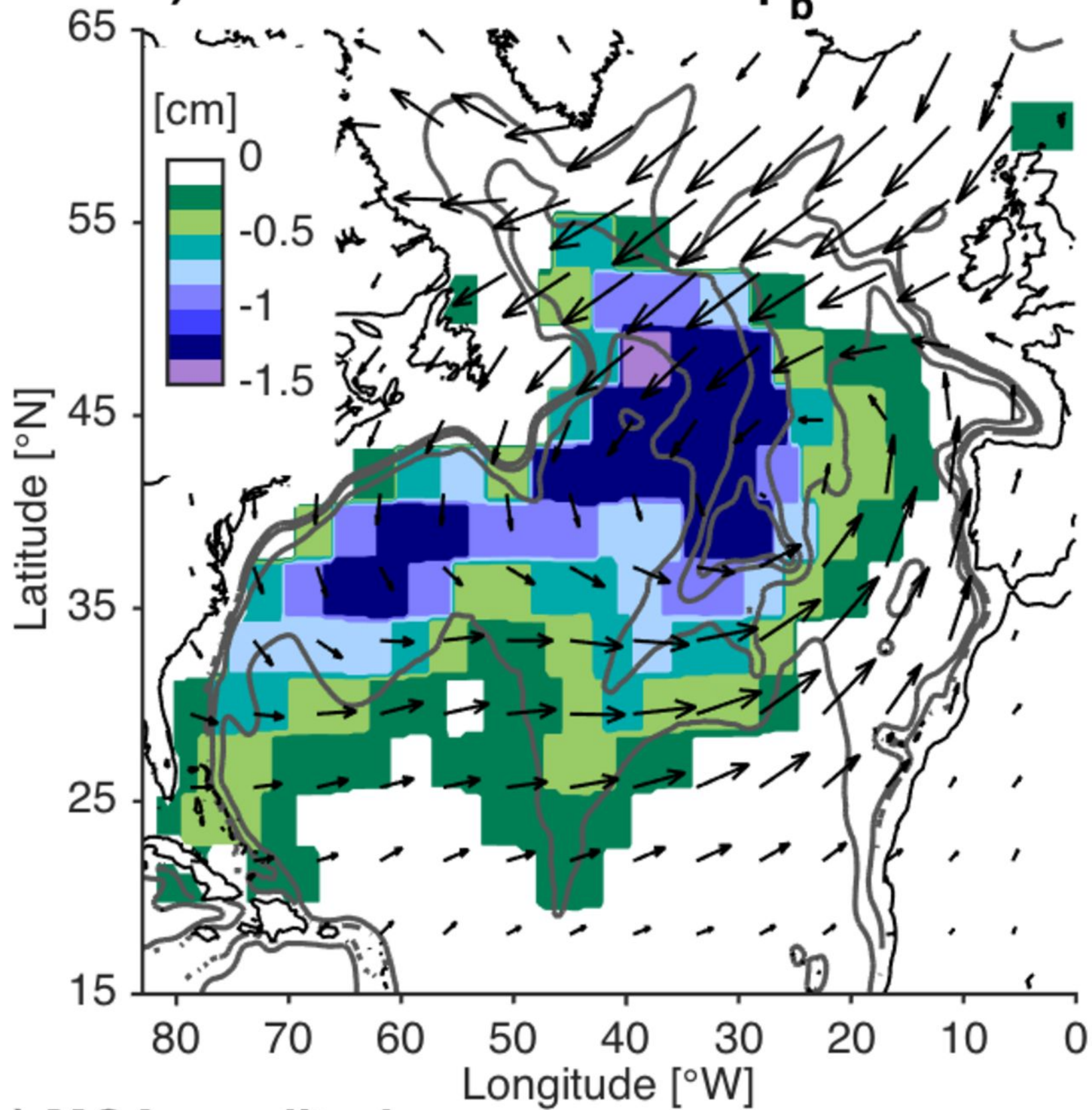


Figure 3.

a) MCA between GRACE p_b & wind



b) MCA amplitude

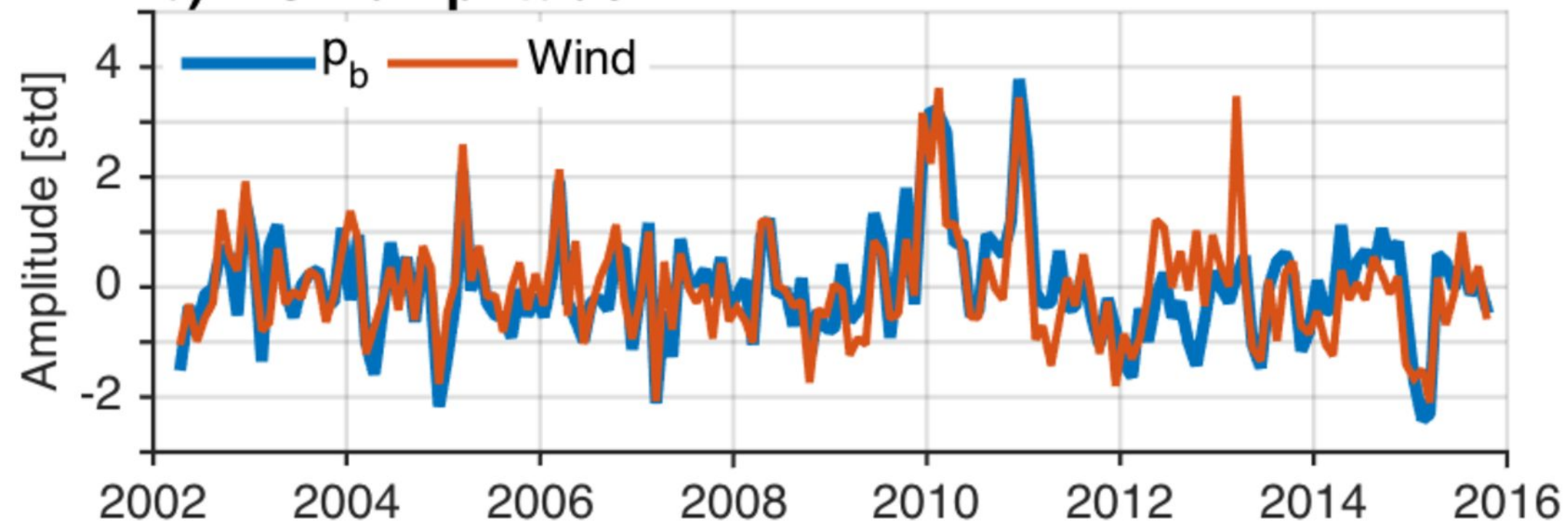


Figure 4.

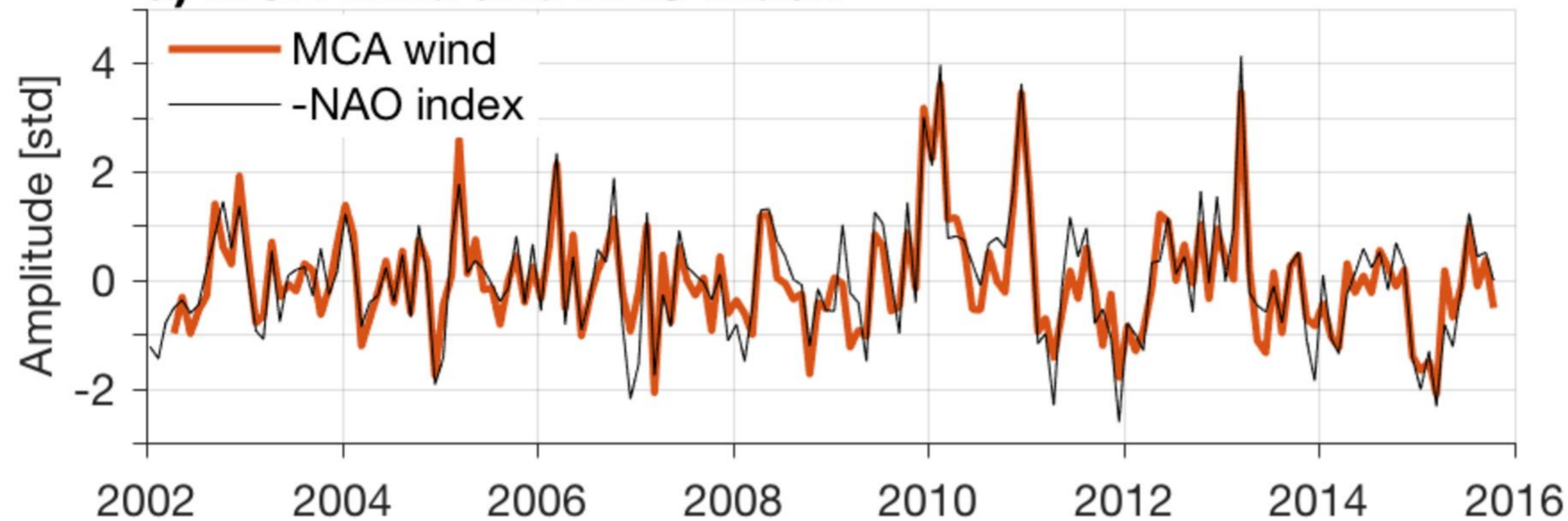
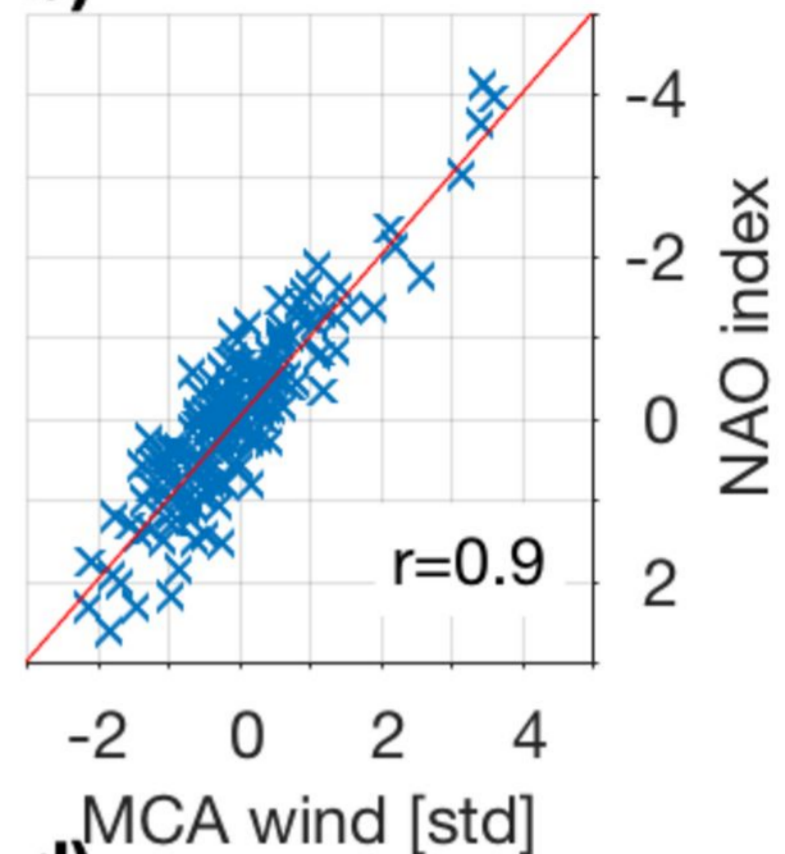
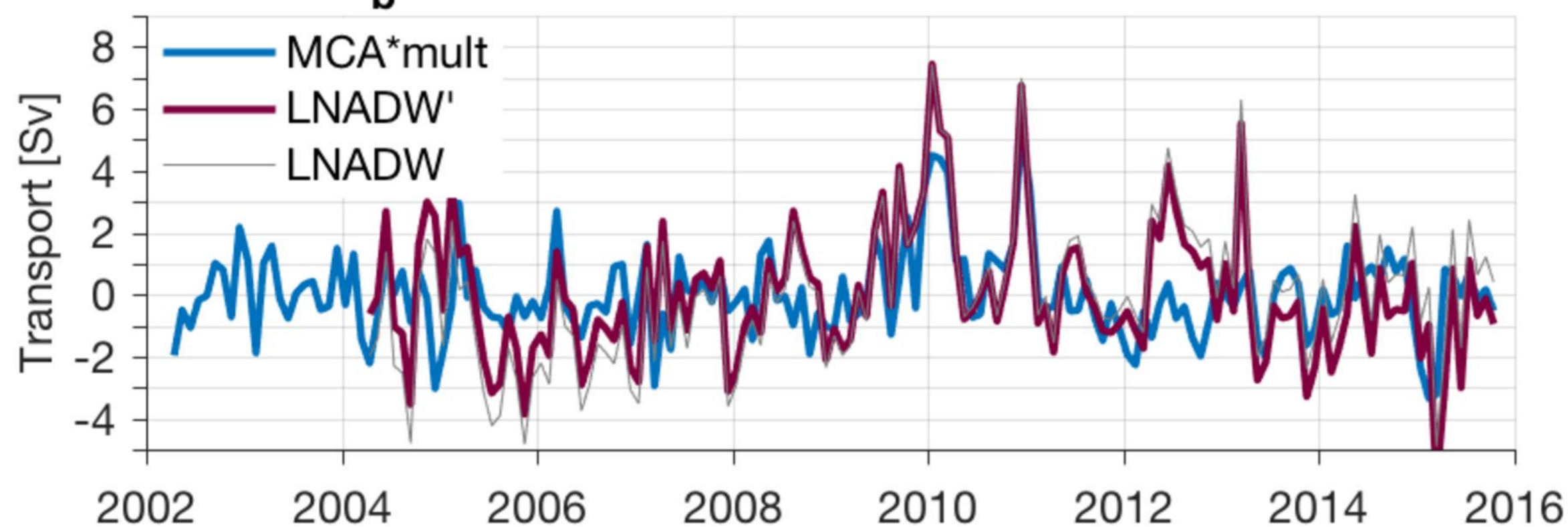
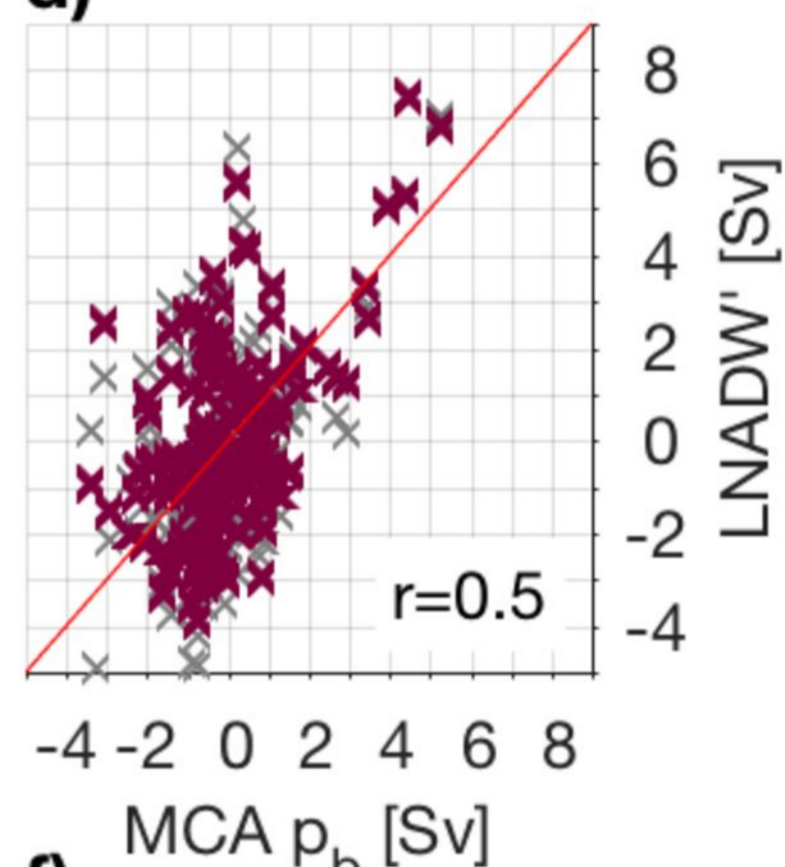
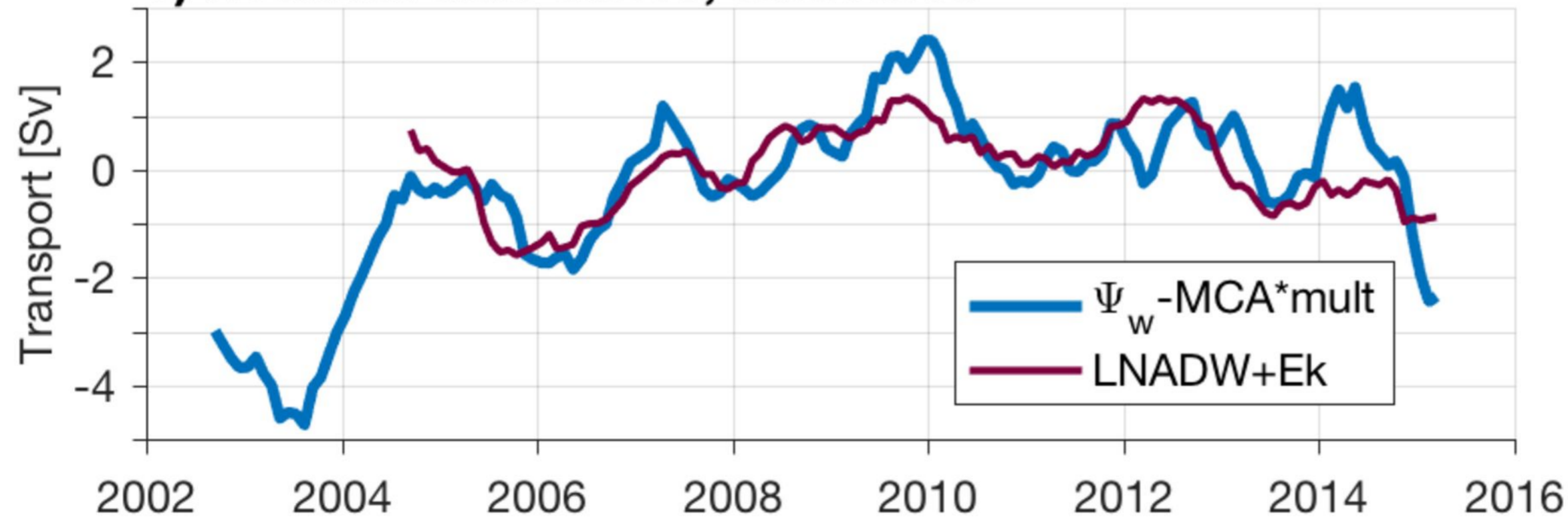
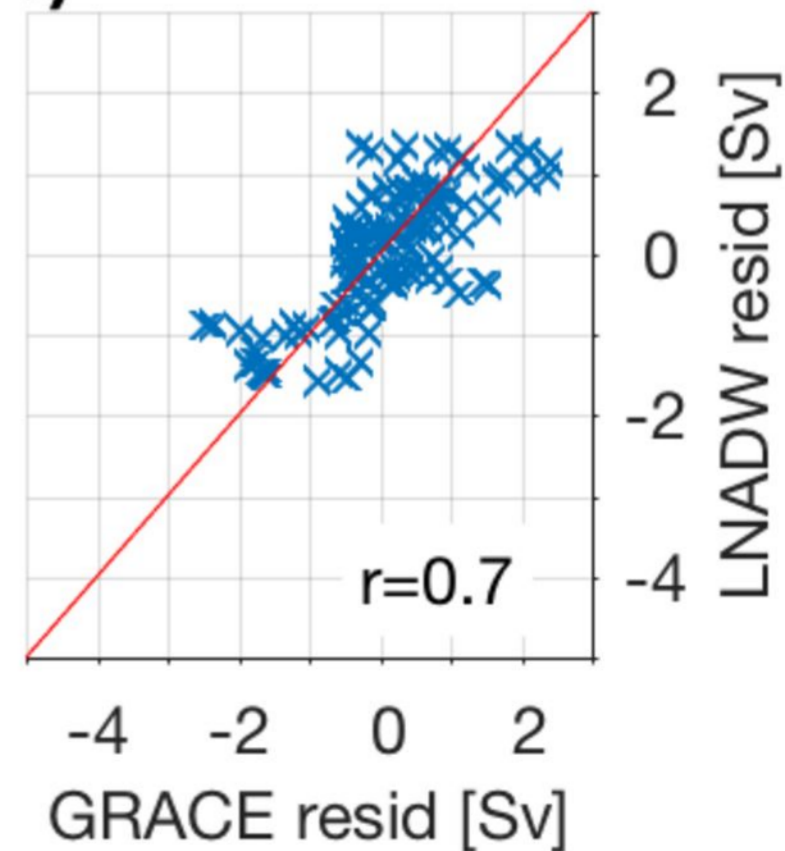
a) MCA wind and NAO index**b)****c) MCA p_b and LNADW****d)****e) Residual time series, smoothed****f)**

Figure 5.

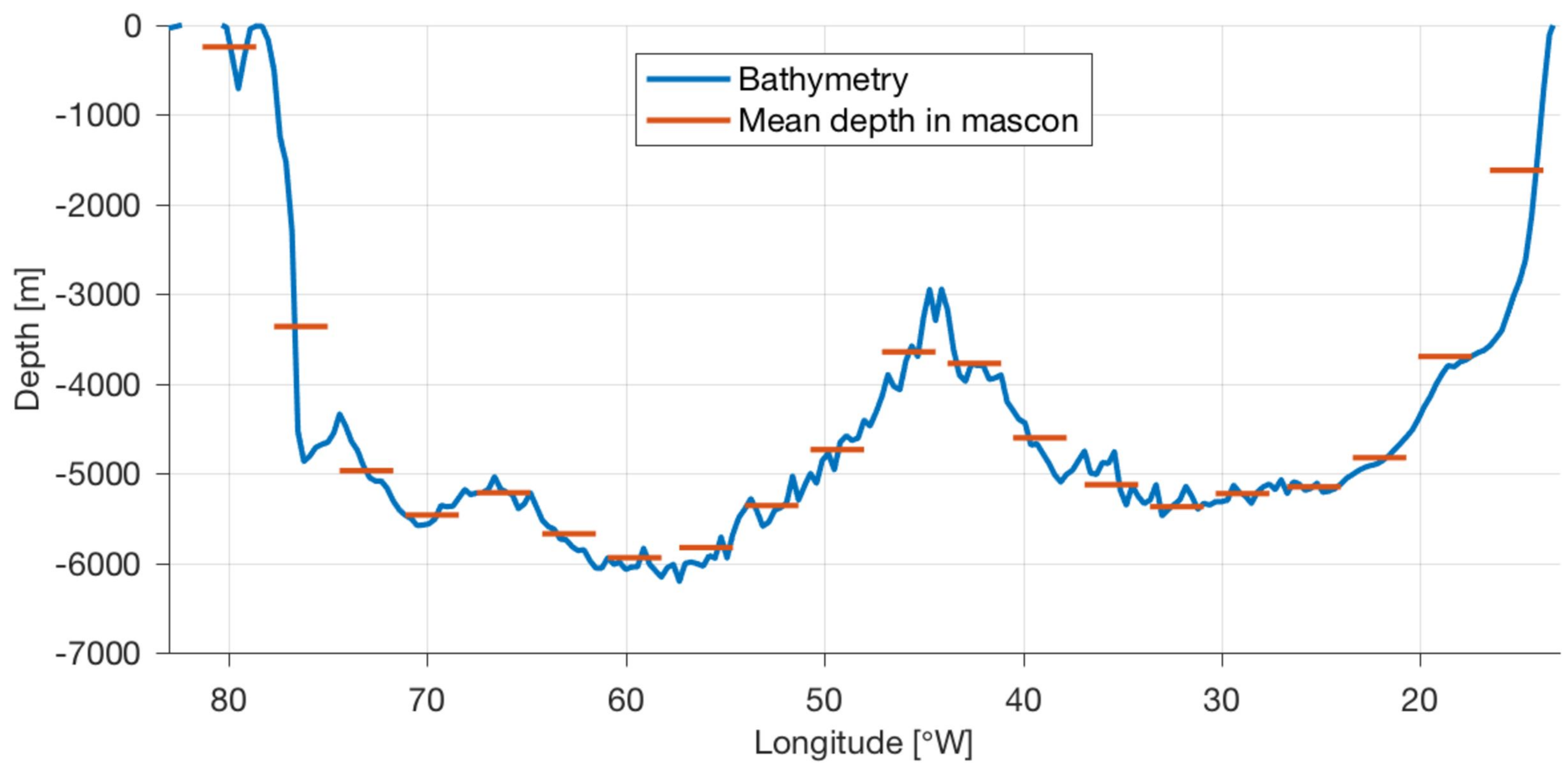
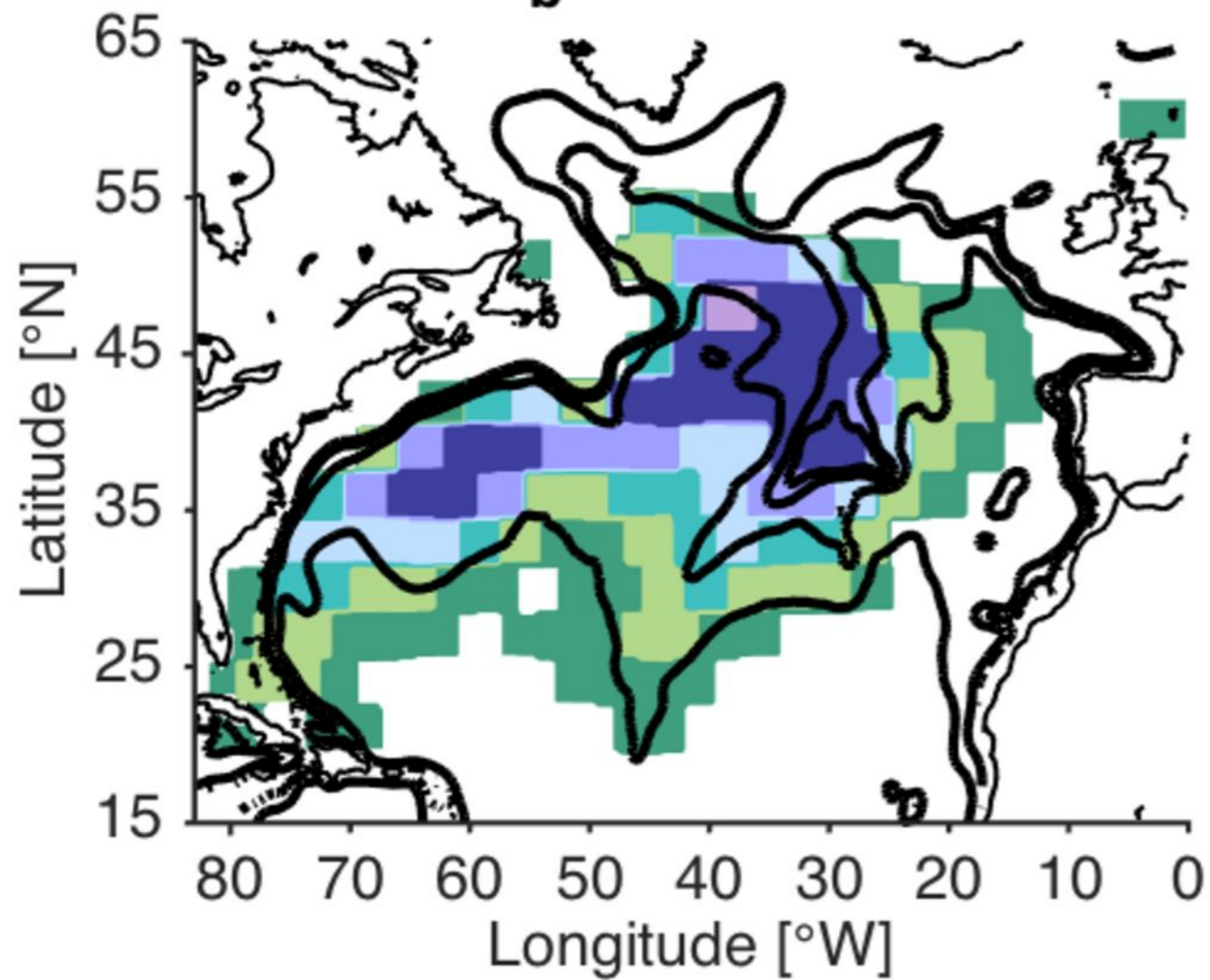


Figure 6.

MCA p_b & f/H contours



MCA p_b & bathy contours

